

Health Promotion and Wellness Spring 2021

Events Calendar

Wellness on Wheels Kennesaw

Body Image

Tues. Feb. 23,
11am-1 pm
Social Science
Lobby

Sleep Hygiene

Thurs. Mar. 25,
1-3 pm
Campus Green

Stress & Anxiety

Wed. Apr. 14,
2-4 pm
Prillaman Hall Lobby

*Events subject to change. Please
check our website or Owl Life for
up to date locations.*

Wellness on Wheels Marietta

Body Image

Wed. Feb. 10
2-4 pm
Marietta Student
Center

Sleep Hygiene

Tues. Mar. 16,
10 am-12 pm
Atrium (J) Building

Stress & Anxiety

Thurs. Apr. 22,
11 am-1 pm
Stingers Walkway

Peer Health
OWLS
Outreach & Wellness Leaders

HIV Testing

Call to schedule your
appointment.

Tues. Jan. 26, 11 am-3 pm
SRAC 1220

Wed. Feb. 3, 11 am-3 pm
SRAC 1220

Thurs. Feb 18, 11 am - 3 pm
SRAC 1220

Tues. Mar. 23, 11 am - 3 pm
SRAC 1220

Wed. April 7, 11am - 3pm
SRAC 1220

Tues. April 20, 11am - 3pm
SRAC 1220

Condom Concierge

Scan the QR
code to
order free
sexual health
supplies!



Events subject to change. Please check our website or OwlLife for up to date locations.

For additional information:

*Student Recreation and Activities Center, Suite 1200
wellness.kennesaw.edu
wellctr@kennesaw.edu
470-578-6394

Recipe Tastings

Samples of the featured recipe will be given out on the Kennesaw Campus Green (unless otherwise stated below) while supplies last. Subject to change.

Where Have You BEAN All My Life?

Red Beans & Rice
Wed. Feb. 10
12:00 pm
Thur. Feb. 11
12:00 pm

Hello Cupcake!

Red Velvet Cupcakes
Wed. Feb. 24
12 pm

Thurs. Feb. 25
12 pm

Marietta Student Center

Wok This Way!

Ramen Chow Mein
Wed. Mar. 17
12 pm
Thurs. Mar. 18
12 pm

Cool Bean Sliders

Black Bean Sliders
Wed. Mar. 31
12 pm
Thur. April 1
12 pm

Kale Yeah! Smoothies

Kale Pineapple
Banana Smoothie
Wed. Apr. 14
12 pm
Thur. Apr. 15
12 pm

Ask the RD

The Great Produce Challenge

Tues. Mar. 2
12-2 pm
Kennesaw Campus
in front of the
Commons

Thurs. Mar. 4
12-2 pm

Marietta Campus
in front of Stingers

Wellness Events

Community Campfire

Jan. 11
2-4pm

Plaza in front of
Outdoor Adventures

Love Languages

Mon. Feb. 15-19
Check back for more details

Love Your Body Week

Feb. 22-26
See the special event sheet for full list of events.

Safe Spring Break

Thurs. Mar. 4

Earth Day

Thurs. Apr. 22
Check back for more details

Follow us
on social for more
virtual programming!



**KENNESAW STATE
UNIVERSITY**
DIVISION OF STUDENT AFFAIRS
Health Promotion and Wellness

