Cooking Demos
Come learn healthy and simple recipes to cook in your apartment!
Space is limited, registration required.
Call 470-578-6394 to reserve your seat!
All classes located in SRAC, Room 1220 Kennesaw Campus

A Berry Delicious Dinner
Dijon Balsamic Pork Loin & Honey Lime Quinoa Fruit Salad
May 16 - 1:00pm-2:30pm
May 17 - 5:00pm-6:30pm

Nacho Average Dinner
DIY Baked Nachos with the works
May 23 - 1:00pm-2:30pm
May 25 - 5:00pm-6:30pm

Summer Grillin'
DIY Sliders (tofu & beef)
June 14 - 5:00pm-6:30pm
June 20 - 12:30pm-2:00pm

Summer Sushi
DIY Sushi Rolls
June 27 - 12:30pm-2:00pm
June 28 - 5:00pm-6:30pm

Breakfast Delight
Crepes and Smoothies
July 11 - 12:30pm-2:00pm
July 12 - 5:00pm-6:30pm

CPR/AED & First Aid Class
Get certified through the American Red Cross with on campus classes. Registration fee: $35
Register at kennesaw.edu/wellness
  Programs & Services >
  CPR, AED, & First Aid
  June 23 - 10:00am-12:30pm
  SRAC, Room 1220

HIV TESTING
FREE and CONFIDENTIAL HIV testing offered by the Cobb and Douglas Community Service Board will be available! Items for safer sex kits will be provided.
  June 7 - 11:00am-2:00pm
  SRAC, Room 1220

BAC Tables
Learn how to monitor your Blood Alcohol Concentration with a BAC card, games & prizes!
  June 15 - 10:00am-12:00pm - Campus Green
  July 6 - 10:00am-12:00pm - Stingers Walkway

Health Hut: Sexual Health
Join the Peer Health OWLs for giveaways, tips & activities to improve your health and well being!
  June 21 - 10:00am-12:00pm - Marietta Globe
  July 12 - 11:00am-1:00pm - Campus Green

kennesaw.edu/wellness
470-578-6394
SRAC - Student Recreation and Activities Center